

March 2024 calendar – KMC PERTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1	2	3
				GP 11.00 – 12.30 WFJ 17.00 – 18.15 Powa 19.00 – 19.45	WFJ+tsog 11.00 – 12.15	CB 06.30 – 07.10 DY 07.30 – 08.30 WFJ 12.15 – 13.30 TTP 14.00 – 18.00
4	5	6	7	8	9	10
WFJ 16.00 – 17.15 GP 19.00 – 20.30	QP 07.00 – 09.00 WFJ 16.00 – 17.15	WFJ 16.00 – 17.15	Meditate-by-the-river 07.00 – 07.30 WFJ+tsog 16.30 – 17.45 FP 18.30 – 20.45	GP 11.00 – 12.30 TARA 14.00 – 15.00 WFJ 17.00 – 18.15	Guided Silent Retreat Silencing the Inner Critic 09.00 – 15.30 WFJ 16.30 – 17.45	CB 06.30 – 07.10 DY 07.30 – 08.30 WFJ 12.15 – 13.00 Tantra Class 14.00 – 15.30 OSG 16.00 – 18.00
11	12	13	14	15	16	17
Meditate-by-the-river 07.00 – 07.30 WFJ 16.00 – 17.15 GP 19.00 – 20.30	QP 07.00 – 09.00 WFJ 16.00 – 17.15	WFJ 16.00 – 17.15	Meditate-by-the-river 07.00 – 07.30 WFJ 16.00 – 17.15 FP 18.30 – 20.45	Precepts 06.30 – 07.00 GP 11.00 – 12.30 Sojong 14.00 – 15.00 WFJ 17.00 – 18.15	Half Day Workshop Meditation for Busy People 09.30 – 13.15 WFJ+tsog 14.30 – 15.45	WFJ 17.30 – 18.45
18	19	20	21	22	23	24
Meditate-by-the-river 07.00 – 07.30 WFJ 16.00 – 17.15 GP 19.00 – 20.30	QP 07.00 – 09.00 WFJ 16.00 – 17.15	WFJ 16.00 – 17.15	Meditate-by-the-river 07.00 – 07.30 WFJ+tsog 16.30 – 17.45 FP Exam 18.30 – 21.30	GP 11.00 – 12.30 WFJ 17.00 – 18.15	WFJ 14.00 – 15.15 Meditation for Teenagers 16.00 – 17.00	CB 06.30 – 07.10 DY 07.30 – 08.30 WFJ 12.15 – 13.30 TTP Exam 14.00 – 17.00
25	26	27	28	29	30	31
Meditate-by-the-river 07.00 – 07.30 OSG 14.00 – 16.00 WFJ 16.30 – 17.15 GP 19.00 – 20.30	QP 07.00 – 09.00 WFJ 16.00 – 17.15	WFJ 16.00 – 17.15	CENTRE CLOSED	CENTRE CLOSED	CENTRE CLOSED	CENTRE CLOSED

<p>KEY:</p> <p>WFJ: Wishfulfilling Jewel Puja (includes meditation) OSG: Offering to Spiritual Guide Puja MD: Melodious Drum Puja Tara: Liberation from Sorrow Puja SM: Simply Meditate</p>	<p style="text-align: center;"><u>Chanted Prayers Pujas suitable for everyone:</u></p> <p>Powa: Transference of Consciousness Puja MBP: Medicine Buddha Prayer Puja HJ: Heart Jewel CB: Confession Buddhas Prostration Practice</p>	<p style="text-align: center;"><u>Study Program Meditation Classes:</u></p> <p>GP – General Program (suitable for all) FP/TTP: Foundation/Teacher Training Program (enrolled) <u>Chanted prayers Pujas not suitable for everyone:</u> Sojong (ordained only), QP, DY & SI (HYT practitioners)</p>
--	--	---